



CITY OF HAYWARD

Hayward City Hall
777 B Street
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Cover Memo

File #: CONS 23-269, **Version:** 1

DATE: May 16, 2023

TO: Mayor and City Council

FROM: Fire Chief

SUBJECT

Adopt a Resolution Authorizing the City Manager to Negotiate and Execute an Agreement With First Responder Wellness For the Provision of the First Responder Wellness Mental Health Program For the Hayward Fire Department in an Amount Not to Exceed \$89,407

RECOMMENDATION

That Council adopts a resolution (Attachment II) authorizing the City Manager to negotiate and execute an agreement with First Responder Wellness, for the provision of the First Responder Wellness mental health program, to members of the Hayward Fire Department ("HFD") in an amount not to exceed \$89,407.

SUMMARY

The HFD has identified the need for a comprehensive wellness plan for the mental health of its frontline staff. The necessity of supporting first responder health and wellbeing is crucial considering the devastating effects mental illness can have on first responders, whose jobs entail dealing with emotionally charged scenarios on a daily basis. The First Responder Wellness program ("the Program") is a multi-faceted approach to mental health for all sworn staff. The Program will begin at onboarding and will include mental health screenings, peer support team training, support for first responder families, critical incident stress management, wellbeing retreats, and retirement transition guidance. The services span the lifetime of employment and include virtual and in-person support.

ATTACHMENTS

Attachment I	Staff Report
Attachment II	Resolution